

ANTI-BULLYING PLAN 2024

Exeter Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Exeter Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students and Exeter Excel values matrix and reward system. Behaviour expectations
Term 2	What is Bullying?
Term 3	Online/Offline expectations
Term 4	Be an upstander, not a bystander

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Teaching and reinforcing respectful relationships. What are everyone's roles and responsibilities. What are our reward and discipline procedures at FPS
Term 2	Emotion coaching, presented by the Got It! team. How do we prepare our students so they are less likely to become bullies by promoting positive SEI
Term 3	PL session around online safety and reporting
Term 4	CESE Publications: Anti-bullying Interventions in Schools - What Works?

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- information is provided in a handout to staff when they enter on duty at the school
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent/teacher night - Outlining behaviour expectations and school supports/procedures
Term 2	School newsletter and dojo posts- What is Bullying? Parent presentation in Week 4 about Raising Emotionally intelligent children- how to give your child a voice. Presented by the Got It! team
Term 3	School newsletter and Dojo posts- How to report bullying (procedures)
Term 4	School newsletter and dojo posts- Bystander behaviour

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Explicit teaching of the Second Step social and emotional learning program. Second Step for families information provided to every family within the school via information sessions and class teachers,

Exeter Excel Values will be explicitly taught and evidence of these behaviours rewarded- students will have the opportunity to receive Bronze, Silver, Gold and Platinum badges within the system. Frequent reward days/sessions will be provided for students achieving their personal best.

Year 6 buddies will provide explicit examples for their Kindergarten friends on what positive behaviour looks like.

Cyber safety lessons explicitly taught.

Got It! program intervention for targeted students in K-2 and their families. This will occur for 3 hours every week during Term 1.

Child Protection lessons

Completed by: Amanda Nash

Position: Assistant Principal

Signature: 

Date: 08/03/2024

Principal name: Andrew Barnes

Signature: 

Date: 08/03/2024